

# FOLLY FARM COTTAGE BREAKFAST MENU

PLEASE HELP YOURSELF TO THE FOLLOWING

FRUIT JUICE

GRAPEFRUIT SEGMENTS

SELECTION OF CEREALS

SELECTION OF FRESH FRUIT

YOGHURT

PORRIDGE IS AVAILABLE ON REQUEST

.....  
**\*THE FOLLY CHALLENGE**

2 RASHERS OF BACON, SAUSAGE, FRIED BREAD, FRIED POTATOES, GRILLED TOMATO, BUTTERED MUSHROOMS, FRIED EGG, BLACK PUDDING, HASH BROWN AND BAKED BEANS

**FULL FARMHOUSE BREAKFAST**

BACON, SAUSAGE, FRIED BREAD, FRIED POTATOES, GRILLED TOMATO, BUTTERED MUSHROOMS AND FRIED EGG

**HEALTHY OPTION**

BACON, MUSHROOMS, GRILLED TOMATO AND POACHED OR SCRAMBLED EGG

**VEGETARIAN ALTERNATIVE**

VEGETARIAN SAUSAGE, MUSHROOMS, GRILLED TOMATO, BAKED BEANS AND POACHED OR SCRAMBLED EGG

**TWO EGG OMLETTE**

PLAIN, MUSHROOM OR CHEESE

**LIGHT CHOICE**

TWO POACHED, SCRAMBLED OR BOILED EGGS

**FISH**

A PAIR OF KIPPERS

.....  
WHOLEMEAL OR WHITE TOAST WITH ASSORTED PRESERVES

.....  
CAFETIERS OF FRESHLY GROUND COFFEE (DECAF AVAILABLE)  
CAFÉ LATTE (SMOOTH MILKY COFFEE)  
BREAKFAST TEA, EARL GREY TEA, CHOICE OF FLAVOURED TEAS  
HOT CHOCOLATE

.....  
SPECIAL DIETARY REQUIREMENTS  
SOYA MILK AND SPREAD ON REQUEST

\*PLEASE NOTE THAT THE MANAGEMENT ACCEPT NO RESPONSIBILITY FOR LOSS OF APPETITE FOR THE REST OF THE DAY.

Where possible our produce is sourced from reliable local suppliers.

**Barry The Butcher, Stratford** supplies us with :

Free range eggs

Best back bacon

Pork sausages

**Mabel's Farm** supplies us with :

Fresh Milk

**Talton Mill, Crimsote** supplies us with :

Home grown tomatoes (in season)

Mushrooms

Fresh Fruit

We offer fresh fruit from our pear, plum and apple trees and tomatoes from the greenhouse in our garden when in season