



FOLLY FARM COTTAGE BREAKFAST

PLEASE HELP YOURSELF TO THE FOLLOWING

FRUIT JUICE
GRAPEFRUIT SEGMENTS
SELECTION OF CEREALS
YOGHURT
PORRIDGE IS AVAILABLE ON REQUEST
.....

***THE FOLLY CHALLENGE**

2 RASHERS OF BACON, SAUSAGE, FRIED BREAD, FRIED POTATOES, GRILLED
TOMATO, BUTTERED MUSHROOMS, FRIED EGG
BLACK PUDDING, HASH BROWN, BAKED BEANS

FULL FARMHOUSE BREAKFAST

BACON, SAUSAGE, FRIED BREAD, FRIED POTATOES, GRILLED TOMATO,
BUTTERED MUSHROOMS, FRIED EGGS

HEALTHY OPTION

BACON, MUSHROOMS, GRILLED TOMATO, POACHED OR SCRAMBLED EGG

VEGETARIAN ALTERNATIVE

SAUSAGE, MUSHROOMS, GRILLED TOMATO, BAKED BEANS, EGG

TWO EGG OMELETTE

PLAIN, MUSHROOM OR CHEESE

LIGHT CHOICE

TWO POACHED, SCRAMBLED OR BOILED EGGS

FISH

A PAIR OF KIPPERS
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WHOLEMEAL OR WHITE TOAST WITH ASSORTED PRESERVES
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CAFETIERE OF FRESHLY GROUND COFFEE (DECAF AVAILABLE)
CAFÉ LATTE (SMOOTH, MILKY COFFEE)
BREAKFAST TEA, EARL GREY TEA, CHOICE OF FLAVOURED TEAS
HOT CHOCOLATE
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SPECIAL DIETARY REQUIREMENTS

SOYA MILK AND SPREAD ON REQUEST

*PLEASE NOTE THAT THE MANAGEMENT ACCEPT NO RESPONSIBILITY FOR LOSS OF APETITE FOR
THE REST OF THE DAY.